# THE FOUNTAIN

OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE DISTRICT 3860

**CHARTERED OCTOBER 29, 1982** 

**CLUB # 17104** 







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OUISA A. BUMAGAT District Governor



**CAROLINE L. ANDRADE District Secretary** 



Assistant Governor, Area 1D





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Vol. 40, No. 7

# 7th General Membership Meeting

Virtual Meeting | September 6, 2021

Area of Focus: Basic Education and Literacy Month

# **Programme** (Spouses Night)



Call to Order.......Pres. Bernardino Amago IV Invocation Audio Visual Presentation

Philippine Anthem......Audio Visual Presentation

The Rotary Hymn......Audio Visual Presentation

Four Way Test and Objects of Rotary.....Audio Visual Presentation Introduction of Rotarians / Spouses

Visiting Rotarians/Rotaractors/Guest

### PART 2

A Day In A Life Of A Spouse.....RCCF Spouses **Business Matters** 

#### PART 3

Secretary's Report.....Sec. Jomar Ponce Treasurer's Report......Treas. Jun Torres Director's Report President's Time......Pres. Bernardino Amago IV

Other matters

...Fellowship Continues...







Hosted by: ARCH, MANUEL L. TORRES, JR.

JOSE ALFONSO C. ABAD International Service Director

### INVOCATION

Almighty God, our heavenly Father, receive us in this hour as we offer ourselves anew to you in body, soul and spirit. Let not your holy day pass, except it leave its benediction with us. Give to us the still and quiet heart. Speak to us your truth, that we may glorify you. Through Christ our Lord we pray. Amen.



## **Quote for the Week**

"If I have seen further than others, it is by standing upon the shoulders of giants." - Isaac Newton





# President's Message















Greetings!

There is indeed much to be celebrated this week for we shall welcome into our fold (3) new servant leaders who will continue the story of RCCF. I extend my personal thanks to AG Maricel and Sec. Jomar for having brought brave and well-meaning individuals into the service of Rotary.

Incidentally, we shall also take this opportunity to re-orient ourselves on what Rotary truly stands for in the backdrop of its colorful and impactful history. May we be all inspired by the excitement of our new members as we reflect on our individual journey as Rotarians who have now contributed to the legacy of Rotary in changing lives for the better.

Thanks and best regards,





# From Secretary's Desk

JOSE MARIE PONCE Secretary, RY 2021 - 2022

# Attendance

ROTARY ID#	LAST NAME	FIRST NAME	5th 08/23	6th 08/30	7th 09/06	8th 09/20	Perfect Attendance
6726464	Abad	Jose Alfonso	* * **	. /			
6581939	Abarintos	Conrado	<b>√</b>				
8794289	Abay-Abay	Emman Reyan	✓	✓			
9330462	Amago IV	Atty. Bernardino	✓	✓			
6218949	Amores	Maricel	. <b>√</b>				
3362897	Barba	Richard	. <b>√</b> .				
6207695	Baring	Engr. Jesselito	. ✓ .				V
1166426	Calalang	Emmanuel					10 10 10 10
10954392	Deiparine	Atty. Sydrick Jose Andre		- V			
2036342	Espina	Arch. Joseph Michael		· 🗸 ·			
8944393	Jang	Pouly					Y 4 7 Y
3516557	Karamihan	Dave John					
8599266	Kaufmann	Marina	· 🗸	√ √			
9804883	Llegunas	Kristoffer	· /	<b>√</b>			
8794288	Lomanta	Atty. Lolita	· /	1			
10709899	Ong	Jason	· √	<b>1</b>			
6726443	Pasion	Ma. Consolacion	✓	✓			
10410040	Ponce	Jose Marie	✓	✓			
6581937	Ramos	Geraldine		✓			
8599268	Rimaz	Ma. Dolores					
5476140	San Pedro	Luz Filipinas					
11103868	Spaller	Herminia		. 🗸			
8794286	Senerpida	Dr. Alain	y <b>√</b> y	. √ .			
3264107	Solomon	Mary Anne	- √ · ·	· 🗸			
8543450	Sulay	Kendrick					
9330558	Tesalona	Emmanuel	· 🗸	· 🗸			
5176670	Torres	Arch. Manuel, Jr.		· 🗸	\$		2   2
10713855	Uy	Stephen Henry	· √	· 🗸			
10410033	Yared	Patrick	<b>√</b>	1			
TOTAL ATTENDEES IN ZOOM		220	36			9	

### **BIRTHDAYS**

September 10 Gingging Lomanta September 20 PP Sol Pasion September 25 Inday Rimaz

### WEDDING ANNIVERSARIES

September 01 September 08

September 08

Sec. Jomar & Daryl Ponce PP Rogelio & Rosa Filipino

PP Julio & Alicia Gonzalez Atty. Sydrick & Yeni Deiparine September 20



GREETINGS, MY DEAR CHANGEMAKERS,

am sure you are having an enriching experience as you Serve to Change Lives. One of the ways you can make the greatest change in a person's life is to help them learn to read. Literacy opens up the world to us. It makes us better informed about life in our own communities and opens vistas to other cultures. Reading and writing connects people and gives us another way to express our love for one another.

September is Basic Education and Literacy Month in Rotary. Enhancing literacy skills is critical in our pursuit of reducing poverty, improving health, and promoting peace. In fact, if all students in low-income countries left school with basic reading skills, it would result in a significant cut in global poverty rates.

Without education, illiterate children become illiterate adults. Today, 14 percent of the world's adult population — 762 million people — lack basic reading and writing skills. Two-thirds of that group are women. Literacy and numeracy skills are essential to obtaining better housing, health care, and jobs over a lifetime.

Especially for girls and women, literacy can be a lifeor-death issue. If all girls completed their primary education, there would be far fewer maternal deaths. And a child is more likely to survive past age 5 if he or she is born to a mother who can read. Improving outcomes for more people worldwide is possible only if countries remove barriers to education for girls. The economic argument for doing so is clear: In some countries where schooling is geared toward boys, the cost of missed economic opportunity is more than \$1 billion per year.

Empowering people through education is among the boldest goals we have as Rotarians. We don't have to travel far from our homes to encounter those whose lives are being curtailed because they struggle with reading, rely on others to read for them, or cannot write anything more than their own name.

Starting this month, consider how your club can Serve to Change Lives through literacy: Support local organizations that offer free programs to support adult literacy or local language learning, or that provide teachers with professional development centered around reading and writing. Become literacy mentors, or work with an organization like the Global Partnership for Education to increase learning opportunities for children around the world. Have conversations with local schools and libraries to see how your club can support their existing programs or help create needed ones in your community.

In India, the TEACH program, a successful collaboration between the country's Rotary clubs and its government, has demonstrated how to scale up literacy efforts to reach millions of children. And at a time when schools across India were closed due to the COVID-19 pandemic, the program's e-learning component reached more than 100 million children through national television.

Literacy is the first step out of poverty. As Nobel laureate Malala Yousafzai has noted, "One child, one teacher, one book, and one pen can change the world."

Shelihar hella







# TRUSTEE CHAIR'S MESSAGE

# If you can dream it, you can do it

Malala Yousafzai is a young Pakistani activist for the education of girls and women. As a teenager, Malala, whom the world knows by her first name, courageously spoke out for the rights of girls to learn. Extremists in her country disagreed with

Malala, and she was shot by a Taliban gun-

man on her way home from school.

But the attack didn't dissuade her: it made her more determined. As soon as she recuperated, she resumed her mission of education activism. Today the Malala Fund supports education through projects around the world.

Not only is Malala an inspiration for Rotary members, we also have some commonalities: a drive to do what is right, a passion for literacy, and the power to transform dreams into reality.

One of my life mottos is: If you can dream it, you can do it. This applies to everything Rotarians do, particularly with The Rotary Foundation. We literally make our dreams happen.

Like Malala, we know that literacy is, for many, the first step out of poverty. To put our vision into action, we first understand a community and the unique problems of its members, and then form a partnership with them. Next we join forces with others - exchanging ideas with clubs in other districts, and working with people and organizations outside of Rotary.

Our solution, in the form of a district grant or global grant, will be tailored for that community. And if it's a Rotary grant, you can bet it will be well-planned, strategic, and most of all, sustainable. We want that gift of literacy to not be a one-time book donation but a plan to transform a community over time.

Over the years, I have seen countless literacy efforts in Rotary, from national programs to local projects. When the global COVID-19 pandemic hit last year, many clubs took action to help communities adjust to online schooling, including providing laptop computers. Rotary's solutions are endless, our volunteers tireless. And if I know Rotarians. I know that more solutions are being created as I write these words.

Rotary's passion for literacy and education projects is well-known. So is our commitment to make them happen. You, through Rotary, are a big part of helping people take their first step out of illiteracy, out of poverty, and into something much better. Remember, if you can dream it, you can do it - just like Malala.

JOHN F. GERN

Foundation trustee chair

### **GENERAL OFFICERS OF ROTARY** INTERNATIONAL, 2021-22

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Kyiv, Ukraine

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#### **GENERAL SECRETARY**

John Hewko Kviv, Ukraine







# **SERVICE ABOVE SELF**

# THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**First** The development of acquaintance as an opportunity for service;

Second High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

**Third** The application of the ideal of service in each Rotarian's personal, business, and community life:

Fourth The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

# THE FOUR-WAY TEST

Of the things we think, say, or do:

- 1. Is it the truth?
- 2. Is it fair to all concerned?
- 3. Will it build goodwill and better friendships?
- 4. Will it be beneficial to all concerned?

# ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians: As a Rotarian, I will

- 1. Act with integrity and high ethical standards in my personal and professional life
- 2. Deal fairly with others and treat them and their occupations with respect
- 3. Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4. Avoid behavior that reflects adversely on Rotary or other Rotarians
- 5. Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.



# **Rotary Info**

### **CLUB TYPES, FORMATS, AND MODELS**



All Rotary and Rotaract clubs share similar values and a passion for service, but each offers a unique experience. When you start a club, you'll need to choose a club type, a meeting format, and a club model. Look at the needs of your community and the club's prospective members to decide which kind of club would be best.

CLUB TYPE: First, determine whether your new club will be a Rotary club, a Rotaract club, or a satellite Rotary or Rotaract club.

Club type	Description	Appeals to	Charter member minimum
Rotary club	Professionals and other leaders who meet regularly for service, connection, and personal growth	People who are looking for friendship and service opportunities	20 required
	Read about a successful Rotary club.	Learn more in the Starting a Club online course.	
Rotaract club	Adults who take action through community and international service, learn leadership skills, and develop professionally  Read about a successful Rotaract club.	People, especially younger professionals and university students who want to develop leadership skills, find innovative solutions to pressing issues, and have fun through service  Learn more in the Rotaract Handbook.	12 recommended
Satellite club	A section of a Rotary or Rotaract club that has its own meetings, projects, bylaws, and board, run in collaboration with its sponsor club Read about a successful satellite club.	Those who want a club experience or a meeting format or time other than what's offered by other clubs in the area but also appreciate the support and partnership of another club  Learn more in the Guide to Satellite Clubs.	8 for a satellite Rotary club; no minimum for a satellite Rotaract club

MEETING FORMAT: Next, determine whether your club will meet in person, online, or both.

Meeting format	Description	Appeals to
In person	A club that meets in person	Those who consider face-to-face interactions an important part of the meeting experience or who aren't comfortable with or don't enjoy online meetings
Online	A club that meets primarily online Read about a successful club that meets online.	People who travel frequently, have circumstances that make it difficult to meet in person, or prefer an online experience  Learn more about online club meetings.
In person and online	A club that holds some meetings in person and others online, or one that holds in-person meetings that some members attend virtually	Those who have various needs or who want a mix of experiences
	Read about a successful club that meets in person and online.	

CLUB MODEL: Finally, determine the approach or elements your club will offer. You can choose a model below or design your own.

Club model	Description	Appeals to	
Traditional	The traditional club experience includes having a meal, hosting a speaker, and practicing traditions that members value; traditional clubs often have higher dues because of venue and meal costs	People who want to socialize over a meal while learning about a new topic or an opportunity to serve the community	
	Read about a successful traditional club.		
Passport	A club that allows members to attend other club meetings frequently as long as they attend a specified number of its own meetings each year	People who travel frequently or who enjoy trying a variety of club experiences and meeting lots of people  Learn more in the Guide to Passport Clubs.	
	Read about a successful passport club.	Learn more in the <u>Strate to Passport Claus</u> .	
Corporate	A club whose members (or most of them) work for the same employer	Employees of one organization who want to do good in their community	
	Read about a successful corporate club.		
Cause-based	A club whose members are passionate about a particular cause and focus their service efforts in that area  Read about a successful cause-based club.	People who want to connect with others while addressing a particular set of problems	
Alumni-based	A club in which a majority of members (or a majority of	People who have participated in Rotary	
Alullilli-baseu	charter members) are former Rotary program participants, or former Rotaractors or Rotarians	reopie who have participated in Rotary	
	Read about a successful alumni-based club.		
Interest-based	A club that focuses on a particular interest or hobby	People who want to enjoy Rotary in a specific way or focus on a shared	
	Read about a successful interest-based club.	interest or activity, such as professional development for members	
International	A club whose members are expatriates or who speak a common language other than the primary language of their district, or an online club whose members are from different	Expatriates who want to connect with each other using a common language, or those who want to connect with people from all over the world or want other international experiences from their club meetings	
	countries		
	Read about a successful international club.		





# September 2021 Events

# September events



#### **Event:**

Cruising Downtown

Rotary Club of Manchester, New Hampshire

#### What it benefits:

Local youth programs

#### What it is:

This car show features everything from lovingly maintained vintage automobiles to customized hot rods. Awards are given in a variety of categories; enjoy live entertainment and browse food and other vendors while rooting for your favorite cars.



### HATS OFF TO HEROES

### Event:

Field of Honor

### Host:

Rotary Club of Forest, Virginia

#### What it benefits:

Community projects

#### What it is:

A thousand U.S. flags will flutter in a grassy field to honor members of the military as well as first responders and health care workers who have served on the front lines of the COVID-19 pandemic. The event kicks off with an opening ceremony on 5 September. "Taps" will be played nightly, and a special memorial service will take place on 11 September.



#### **CONCERT FOR A CAUSE**

#### Event:

Rivertown Live

#### Host:

Rotary Club of Hastings Area, Minnesota

#### What it benefits:

Local projects

#### What it is:

Lovers of live music will be in heaven during a day of tunes from a variety of artists. The two stages overlook the Mississippi River, and a variety of food and beverage trucks will be on hand, so bring your appetite.

#### Event:

Loop de Loop 5K/10K/half marathon run/walk

#### Host:

Rotary Club of Decorah, Iowa

#### What it benefits:

Local projects and charities

#### What it is:

The half-marathon route will take participants along the upper Iowa River; through wooded areas; past cornfields, a dairy farm, and a trout hatchery; and close to the nesting site of the famous Decorah bald eagles. The 5K and 10K routes will treat runners to a variety of Decorah sights as well.



#### **WOOHOO! LET'S RIDE!**

#### Event:

Woohoomanity Challenge at the Denver Century Ride

#### Host:

Rotary clubs of District 5450 (Colorado)

#### What it benefits:

Local projects

#### What it is:

Taking advantage of the Charitable Affiliate program of the Denver Century Ride, bicyclists who choose to take the Woohoomanity Challenge use their ride to fundraise for their club. Then they just have to tackle 100 miles with a hardcore climb up Lookout Mountain (riders can also choose 25-, 50-, and 85-mile options). Woohoo, time to climb!





# A Dose of Positive Thoughts



his particular quote would seem paradoxical, a little absurd, and throw in ironic when we look at things on the outside or the physical. Remember the childhood fairytale of Snow White and the Seven dwarfs... her stepmother would go to the mirror and ask, "Mirror, mirror on the wall, who is the fairest of them all?" Believe it or not, everyone goes through life like that as we always need that confirmation or a stamp of validation that we are beautiful, great persons, and all the positive superlatives that you want heaped on you every day.

Thus, if you recall when you were in your teens, a pimple on the face seemed like the world has crushed you...because you felt that your outer shell is about to break. And so what.. you may ask? The anxiety that your true inner self will be exposed, judged, and condemned are things people are anxious about unnecessarily. The trepidation in the distress of the opinion of others should not be your foundation of making changes of your outer selves, behaviors, and sense of style. Determining your lifestyle, habits,

"If an egg is broken by an outside force, life ends. If broken by an

and changes should be a pivotal decision coming from within you. Prevaricating and fibbing will make you static and cannot unleash the "dynamic you" that is waiting to come out.

Real and beautiful changes can only come from inside you. Be confident that whatever is deep within you is far more better than the outer hollow shell that covers you. There is no one else except God who can say that this is the right decision for you. Yes, it is true that you may be wrong in some of the decisions you make but it is alright. Stand up and then make those decisions right from the lessons you have learned.

To quote, Mark Elliot Zuckerberg, an American media magnate, internet entrepreneur, and philanthropist, known for co-founding Facebook, Inc." Move fast and break things. Unless you breaking stuff, you are not moving fast enough."



# **GROWING** MEMBERSHIP **INCREASES** THE GOOD WE CAN DO!

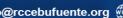
### **Introducing the Membership Society for New Member Sponsors**

To recognize those who have demonstrated extraordinary commitment and success in growing our membership, we have launched a new recognition program. The Membership Society for New Member Sponsors is a virtual gallery for those members who have sponsored 25 or more new members.

Visit rotary.org/membershipsociety









# From RCCF Album

# 08-30-2021 6th RCCF GMM (Virtual) RY 2021 - 2021











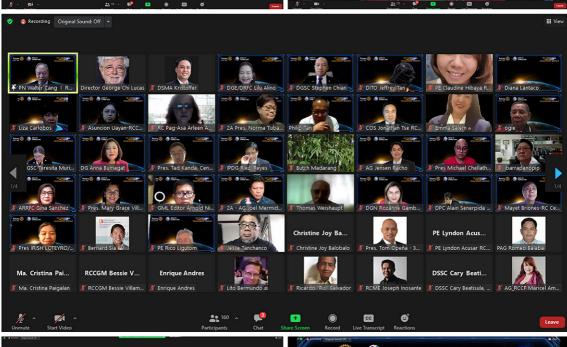


# From RCCF Album

# 09-04-2021 Grants Management TRF Seminar











# Health News

# **TIPS FOR GOOD BRAIN HEALTH**



KEEP PHYSICALLY





**2.** EAT A HEALTHY DIET



5. LOOK AFTER YOUR HEART





S. WEAR A



# **HOW TO HOST A SUCCESSFUL** VIRTUAL/IN-PERSON **MEETING**

Six tips from TGIG, a Rotarian-run nonprofit that helps clubs adopt new technologies

### Use what you have

Many clubs already

#### Pay attention to the audio

Your online audience needs to be able to hear vou. Download a step-by-step tutorial on how to set up the ideal audio environment at tgig.org.

use a projector and big screen for in-person meetings. Use it to display the online audience or remote presenter to the group gathered in person.

#### Show the room

Use a webcam or even a smartphone as a separate camera to allow the online audience to see the people in the room.

### Set up a tech team Ask members to

volunteer for a team that will set up and manage the technical aspects of the meeting each week.

#### Don't be afraid to ask questions For personalized

help, send an email to team@tgig.org.

#### **Broadcast live**

By placing a laptop on the lectern in front of the room, you can use its camera and microphone to allow your presenter to communicate with your online and inperson audiences simultaneously.





4-8 JUNE 2022 | HOUSTON, TEXAS, USA Register and pay in full today at convention.rotary.org for a special rate of \$475.\*

\*This price is good until 15 December.

#Rotary22













# 100% PAUL HARRIS CLUB in Rotary International District 3860 for RY 2016 - 2017

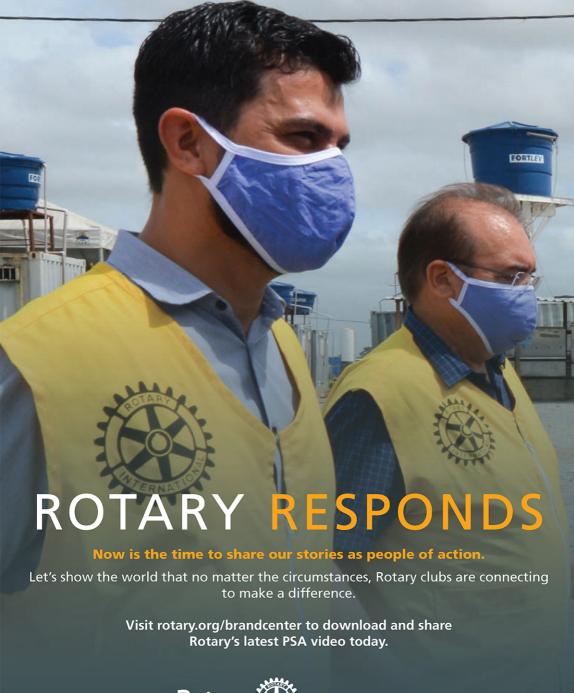






# www.rccebufuente.org info@rccebufuente.org





Rotary { PEOPLE OF ACTION



# Rotaract Corner



Cebu Council of Rotaract Clubs



**REGISTER NOW** 



## STEP 1

Sign up the Registration Form Individually through the link provided below.

## STEP 2

A confirmation email together with the payment guidelines will be sent.

### STEP 3

Determine the number of members joining and pay the registration as a club. (PAYMENT OPTIONS ARE SHOWN NEXT)



## STEP 4

Attach the proof of payment through this link:

### STEP 5

Check your email for the confirmation of your registration.

#### **REGISTRATION FEES:**





ROTARACTORS



INTERESTED ROTARIANS

## **PAYMENT OPTIONS**



Account Name: RAC Cebu South Account Number: 3011-70000590



Account Name: Francis Anthony Guarin Account Number: 09052457422



Account Name: Francis Anthony Guarin Account Number: 09052457422



# Invite someone to become a



# Rotarian today.

# Join Rotary Club of Cebu Fuente









# Spread the Word!